



**VALLEY YOUTH CONFERENCE, INC.**  
**Track & Field and Cross Country Division**  
**CODE OF CONDUCT – NO FIGHTING CONTRACT**

Our goals are to provide a recreational environment that is fun, healthy and competitive for all who wish to play. We believe this is the right of every player enrolled in our program. In addition we wish to protect these players from those who wish to violate their rights via mean spirited play, unsporting behavior and/or undue or malicious outside interference. It is the intent of the Valley Youth Conference, Inc. (VYC) and all Clubs to stop ANY and ALL violent conduct. All players, parents, coaches and helpers who are connected with each VYC Club must read and sign this document.

Any athlete receiving discipline by a coach or an official of the Valley Youth Conference for throwing a punch, participating in a fight or any type of violent conduct, or other type of inappropriate behavior, may be further suspended from play for the season. Any coach, parent or spectator receiving discipline, including, but not limited to being asked to leave, for violent conduct or other inappropriate behavior may be barred from attending any further meets and/or Valley Youth Conference event, including practices.

Should there be an incident of a fight or punches thrown involving athletes, coaches, participants or spectators at any Valley Youth Conference Sport activity, then a report of this incident must be made to the Commissioner of that Sport by the highest officials of the Club (s) in question within 24 hrs. of the incident. If the Commissioner of the Sport is unavailable to receive the report, then the General Manager is to be contacted next.

The use of alcohol and illegal drugs will not be tolerated. If a player, coach or spectator is found to be using, or under the influence of, such substances, that person will be barred from attending the game/event/meet in question and/or reported to the proper authorities. The use of tobacco will not be tolerated at any venue where games/events/meets are in progress. A person using tobacco at any game/event/meet of the Valley Conference will be barred from attending the game/event/meet in question and may receive further sanctions.

The Commissioner, and/or a committee formed by the Commissioner (which shall report to the Commissioner), will review reports of violent conduct, inappropriate behavior, alcohol, illegal drug, or tobacco use and similar incidents. In doing so, said person (s) may receive such input as such person (s) deem necessary. The Commissioner shall issue a ruling and final penalty/sanction, which may be lesser or more than those stated above. Once a ruling on the incident is issued, the Commissioner shall inform the Club representative of the actions against the parties involved and/or penalty or club sanctions. In the event that a person who has been suspended or barred from participation is found to have participated during such person's term of suspension or exclusion, then the Commissioner may issue further sanctions, including, but not limited to, Club suspension.

**ANY ATHLETE, COACH or PARENT refusing to sign this document will not be able to participate in play.**

**PARENTS MEDICAL CLEARANCE AND PERMISSION TO PARTICIPATE**

**VALLEY YOUTH CONFERENCE TRACK AND FIELD AND CROSS COUNTRY** strongly recommends that children have a medical check-up by a physician prior to participating. To participate in this CONFERENCE, the child's parent or guardian **MUST** fill out one of the statements below and sign at the bottom.

I am aware that Track & Field and Cross Country are physically demanding sports that requires strenuous effort to participate. I am not aware of any medical or physical condition (s) of my child (name listed below) that would limit his/her participation in the **VALLEY YOUTH CONFERENCE Track and Field and Cross-Country** programs.

**PLAYER** \_\_\_\_\_

**CLUB** \_\_\_\_\_

My Child \_\_\_\_\_ has the following medical or physical conditions (s) that are of concern to me:

Clearance to play **VALLEY YOUTH CONFERENCE Track & Field and Cross-Country** has been obtained through the following medical channels (including tests, examinations and evaluations) and approval to participate has been given by signature of Doctor indicated:

**DR.** \_\_\_\_\_ **DATED:** \_\_\_\_\_

**Performance Enhancing Substances** - The Valley Youth Conference, its member organizations and representatives of these organization shall **NOT** recommend, promote or suggest any type of substance whether chemical, vitamin, mineral, or herbal to be used by its athletes. I have read, understood and agree to the above requirements allowing me to participate in Valley Youth Conference, Inc.

\_\_\_\_\_  
 Player Name (Please Print)

\_\_\_\_\_  
 Parent's Name (Please Print)

\_\_\_\_\_  
 Coach/Club Official's Name (Please Print)

\_\_\_\_\_  
 Player's Signature

\_\_\_\_\_  
 Parent Signature

\_\_\_\_\_  
 Coach/Club Official's Signature